

# Gift Giving Guide Sheet:

So many of our sponsors and friends have asked what they can send to the girls for gifts. It is always lovely when they get a package for Christmas, birthday, or just to say, "You are loved."

- Please enclose a photo of yourself or your family. The girls will be so thrilled to see you.
- Due to security concerns with the Ghana postal service, we ask that you would mail large padded envelopes or small boxes. Our hope is that no gift will be stolen!
- **Your package may take as many as three weeks to arrive. Mail using only the US Postal Service.**
- Make sure your girl's name is clearly written on something inside of the envelope.
- Please mail cards, letters or packages directly to your girl at the following address:

**Trinity Foundation**  
**Samuel Odarno**  
*Girls Name*  
**P.O. Box 9095 Ahinson**  
**Kumasi Ghana**  
**West Africa**

## Suggestions for Girls:

Ages 6 – 12

Sizes: Children's 8 - 14/16

- Light weight nightgown - It is so hot in Ghana
- Any kind of soft short sleeve shirt and long/knee length dress or skirt.
- They enjoy having cute play clothes: T-shirt, soft loose dress and shorts for under her dress
- Tennis shoes and sport socks
- Flip flops: Children's size 14/16 or Girls size 1 – 3
- Beach towel with bright colors
- Pillow case or sheet with bright feminine designs (single, small bunk bed)
- Undershirts and underclothes
- **PENCILS (several packages), Erasers, Notebooks**
- Stationary, *Art supplies*, stickers, coloring books, paint
- **School backpack**
- **Inexpensive**, bracelets or necklaces, hair clips, brush.
- Easy, beginner book with lots of pictures
- Plastic jar of peanut-butter - put in ziplock bag.
- Gummy vitamins or vitamin powder
- Colorful string and beads for making bracelets and necklaces
- Outside games/ yoyo/ tops/bouncy balls/sidewalk chalk/jump rope/soccer ball
- Plastic reusable **WATER BOTTLE/ School supplies**
- White socks that fold over at the top (for school)
- Cute "dress-up" clothes: princess outfit, plastic jewelry
- **Doll**, stuffed animal
- Dress for Sunday Church, little purse, hat, and church shoes

**Remember that shipping anything to Africa is expensive! The lighter the envelope, the cheaper it will be to ship. Thank you for understanding how important gifts, from their sponsors, are for girls at House of Grace!**